



May 5, 2005

Friends,

To the dismay of many in the gay community, the Food and Drug Administration is about to implement new rules recommending that **any man who has engaged in homosexual sex in the previous five years** be barred from serving as an anonymous sperm donor.

Despite the community's best efforts to negotiate with the FDA—arguing that stigmatizing all gay men rather than adopting a screening process on high-risk behavior is wrong headed—the government agency has rejected calls to revise or scrap the provision.

Act Up, Jack Off—a grassroots protest movement—is putting out a call-to-arms within our gay community and friends. As it is the symbolic aspect of the FDA's ruling that is most troubling to our community, we are urging you to symbolically let the FDA know **exactly** how you feel.

Here is what we recommend:

- 1) Purchase a specimen cup at your local medical supply store or pharmacy.
- 2) Masturbate into the cup in the privacy of your own home.
- 3) Seal the cup with your own personalized message, such as "Don't Ask, Don't Sell!" or "Different Strokes for Different Folks!" then place sealed cup in a Ziploc storage bag for safety.
- 4) Send to the FDA:
U.S. Food and Drug Administration
5600 Fishers Lane
Rockville, MD 20857-0001

We encourage you to forward this flier to as many friends and family members as you can.

Yours for the fight!
The staff of Act Up, Jack Off